## **Values**

Values are the principles people live by, the things that make them tick and drive them. Circle your top 5 values:

Accomplishment Absence of pain Abundance

Achievement Adventure Altruism

Autonomy Avoidance of conflict Beauty

Clarity Commitment Communication

Community Connecting to Others Creativity

Emotional Health Environment Excellence

Family Flexibility Freedom

Friendship Fulfillment Fun

Holistic Living Honesty Humor

Integrity Intimacy Joy

Leadership Loyalty Nature

Openness Orderliness Personal Growth

Partnership Physical Appearance Power

Privacy Professionalism Recognition

Respect Romance Safety

Security Self-Care Self-Expression

Self-Mastery Self-Protection Self-Realization

Sensuality Service Spirituality

Trust Truth Vitality